

easter yoga meditation retreat  
29th March - 4th April 2024



women need solitude in order to regain themselves  
restoring themselves with wellness and inner harmony  
regaining their true essence

retreat makes it possible to quiet down  
rest and return yourself  
the opportunity to recover in the quiet of nature, to a more peaceful tempo  
discover your true essence, of inner stillness.

retreat in a secluded location  
beneath the sacred mountain and the close by the sapphire sea  
immerse in daily seasonal yoga, breath practice, yin and meditation  
supported by gorgeous healing whole food meals  
a new way of being.

a womens retreat  
small and personalised  
private king size room with your own ensuite

contact  
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